

Youth Team Member –Volunteer

Role Description

Community Medics Youth Section

About the Role

Our Youth Leaders help bring Community Medics Youth to life. With their energy, encouragement, and support, they help create a space where young people feel welcome, included, and excited to take part.

You will help deliver weekly youth sessions, support first aid and healthy living activities, and get involved in community projects. If you enjoy working with young people, joining in activities, and lending a hand where it is needed, this role is for you.

You don't need previous experience, we will provide full training, safeguarding support, and everything you need to feel confident.

Our Values

Community

We exist for the good and service of our community, ensuring our work supports local young people and those around them.

Care

We act with compassion, respect, and professionalism, making sure every young person feels safe and valued.

Growth

We inspire confidence, learning, and leadership at every level, from young people gaining new skills to volunteers developing their own capabilities.

Key Responsibilities

Session Support

- Assist with the delivery of weekly youth sessions, helping to run games, activities, and short learning tasks.
- Support first aid, wellbeing, and healthy living activities led by the Group Lead or senior volunteers.
- Help set up and pack away equipment before and after sessions.
- Encourage young people to participate, try new things, and get involved.

Supporting Young People

- Build positive, supportive relationships with young people aged 11–17.
- Help create an inclusive environment where everyone feels safe and respected.
- Model positive behaviour, communication, and teamwork.
- Encourage young people to develop skills such as confidence, responsibility, and leadership.

Safety and Wellbeing

- Support the Group Lead in maintaining safety and supervision during all activities.
- Help ensure safeguarding and health & safety procedures are followed.
- Assist with basic risk awareness (e.g., spotting hazards, alerting senior volunteers to issues).
- Promote fairness, respect, and a culture where every young person is treated equally.

Teamwork

- Work collaboratively with the Group Lead and other volunteers to deliver engaging sessions.
- Share ideas for activities or improvements where appropriate.
- Support new volunteers by making them feel welcome and included.
- Participate in occasional community events, projects, or trips if you are available.

What You'll Bring

- A friendly, positive approach and enthusiasm for working with young people.
- Patience, reliability, and a willingness to support others.
- Good communication skills and the ability to encourage participation.
- A commitment to creating a safe, inclusive environment.
- Willingness to complete required training.

You don't need specialist knowledge, just a genuine interest in helping young people learn and grow.

What We Provide

- Full safeguarding and induction training.
- Basic first aid training relevant to youth work.
- Guidance, session plans, and support from the Group Lead.
- All equipment and materials needed for activities.
- Opportunities for skill development and ongoing training.
- Out-of-pocket expenses reimbursed.

Screening Requirements

- Enhanced DBS (Child Workforce)
- Two references
- Volunteer agreement
- Completion of safeguarding and induction training

Time Commitment

- Usually 2–3 hours per week (session delivery plus light planning/admin).
- Occasional additional hours for events, projects, or training.

Why This Role Matters

Youth Leaders play a hands on role in shaping the experiences young people have within Community Medics Youth. Every week, you help create a space where young people feel safe, supported, and excited to learn. By joining in activities, offering encouragement, and being a positive role model, you help them grow in confidence, develop life skills, and discover what they're capable of.

Your support allows us to deliver first aid education, healthy living sessions, and community projects that make a real difference to local families. This role directly contributes to building stronger, healthier communities, one young person at a time. Even a small amount of your time can have a lasting impact, helping the next generation build resilience, leadership, and a sense of belonging.

Our Motto

Ad bonum et servitium communitatis nostrae — For the good and service of our community.

This message sits at the heart of our youth programme and reflects the impact you'll help create every week.